

### **Parent/Carer Newsletter**



"Keep your face always toward the sunshine, and shadows will fall behind you." — Walt Whitman

#### **Key Dates for Parents/Carers**

February - Mental Health Month

Tuesday 1st February - Chinese New Year (special lunch)

Tuesday 8th February - Safer Internet Day

Thursday 10th February - Dental survey of Reception and Year 1 pupils

Friday 18th February - Last day of Term

Monday 28th February - Children return to school

#### **Important Information**

Dear Parents/Carers,

I hope you had a great weekend! Another blustery day at Wexham Court, cold but delightful. It is Chinese New Year tomorrow, the year of the Tiger...lots of adventures ahead. We would like to wish our families a happy new year and enjoy the celebrations.

Last week, the police attended the area around the school to identify and address the issues related to parking on the grass verge. Please do not park on the grass verges as it is very unsafe for our children. I have been informed that the police will be coming by again with parking violation fines. We have a parent car park which is open for you to use.

In January we had a focus on healthy eating, we looked at nutrients from vegetables and how carbohydrates such as bread or rice can turn into sugar if eaten too much. We have looked at the effects of sugar last year and wish to revisit the teeth brushing in March.

Finally, we looked at how food from across the world and different countries encourage healthy eating. We all learnt a lot and have promised to make key changes. I am so pleased that the children are talking about it and really want to give it a go. So, please avoid bringing crisp in at the end of the day! A nice drink and healthy treat are just as good.

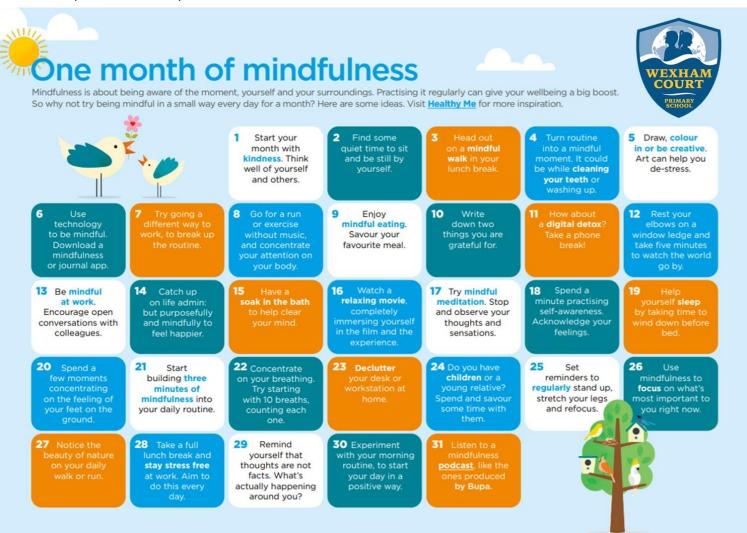
#### Mindfulness

In February we will have a focus on mental health. Alongside a number of other things, we will be encouraging mindfulness. Please see attached the 'month of mindfulness' poster which has some good ideas to practice. Mindfulness and practicing gratitude are a really powerful form of self-reflection, enabling us to relax our minds and be present, it supports us to regulate our thoughts,

# WEXHAM COURT PRIMARY SCHOOL To prepare every child to become a successful

To prepare every child to become a successful individual in an ever evolving world

ideas and gives us still time to reflect on our core values and beliefs. Our children are familiar with this approach as this is taught and practiced throughout our wellbeing curriculum and collective worship time. Practicing 3 minutes of mindfulness a day is proven to uplift your mood, combat anxiety and help you become more focussed. Take some time to try some of the ideas on the poster as a family.



I hope you have a great week ahead.

Miss Mehat



#### **Messages & Reminders**

#### **Reading Matters**

Come and join our online workshop to find out how you can support your child with reading at home. If you would like to join, please email mail@wexhamprimary.com or give us a call on 01753 524533 and we will send you over the joining information.



## Reading matters and you can help

Come and join our online workshop to find out how you can support your child with reading at home. An online interactive session with an opportunity to answer questions too.

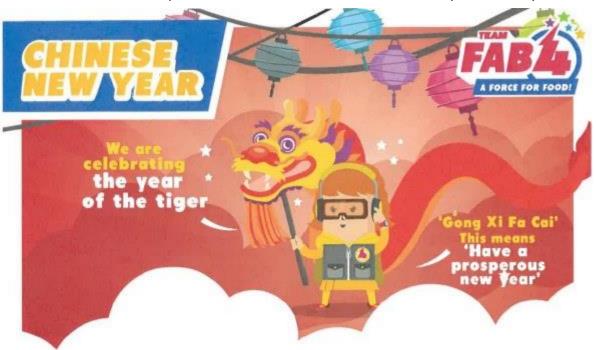
Date: Wednesday 9th February at 4.00pm.

Teams link to be sent on class page.



#### **Chinese New Year Menu**

Please see attached the special menu for Chinese New Year on Tuesday 1st February.



### Chinese New Year Menu

Tuesday 1st February 2022

**Chicken Chow Mein** Halal Chicken Chow Mein **Sweet chilli Quorn Noodles** Served with Vegetable Spring Roll & Rice

Sweet & Sour Sauce Available

Jelly & Mandarin

Jacket Potatoes are available



#### **Awards & Honours**

HOUSEPOINTS

House Name	Points	Ranking
Copper Beech	1203	1 <sup>st</sup>
Horse Chestnut	1063	3 <sup>rd</sup>
Majestic Oak	1126	2 <sup>nd</sup>
Sycamore	1039	4 <sup>th</sup>

## MATHLETICS

1st	2 <sup>nd</sup>	3 <sup>rd</sup>
Egypt	South Africa	Fiji
Lets Improve	Argentina	
Top Scorer	Jonah Egypt	



STARS OF THE WEEK

LOWER PRIMARY				
瀧	Spain	Ayoub for working hard to edit and improve his sentences.		
	Poland	Yashveer for striving for excellence in his writing and being a kind partner		
	Italy	Mika'il for trying his best in phonics by being Ready and Respectful		
	Fiji	Malak for excellent progress in phonics and striving for excellence in her writing		
* *	Australia	Anum for turning a new leaf, taking pride in her work and being a better friend to her peers.		
	Tonga	Aaizah for always striving for excellence and being a great talk partner!		
Ņ	Egypt	Talha for trying hard to improve his handwriting and presentation.		
***	Ethiopia	Bismah for working extremely hard in all areas of her learning, including Maths and English. She has been a great example to all her peers.		
	South Africa	Fayha for settling well and for always being helpful to others in class.		

STARS OF THE WEEK

UPPER PRIMARY				
	Cuba	Zoya for her improved attitude in her learning and proactively working to improve her writing.		
*	Canada			
	Mexico	William for improved effort and challenging himself more during lessons		
	Brazil	Jorawar for settling into his new school well and being a super-confident member of the class!		
0	Argentina	Navjot for being articulate in class discussions and showing great enthusiasm when rehearsing the story map.		
<b>19</b>	Peru	Zayan for always being ready to learn in every lesson and striving for excellence in everything that he does!		
	Sri Lanka	Agrima for always striving for excellence in everything she does		
<b>★</b> ‡	China	Kerolos for being a member of the class who is committed to striving for excellence and always is willing to represent us when needed		
	Philippines	Alishba for fantastic descriptive writing!		



#### **Staff Spotlight**

As promised, we bring to you our **Staff Spotlight** where each week we introduce to you a member of staff within the school. You may not know or even see some of our staff members, so we thought that this spotlight feature would be a good way for you to learn about the different staff and job roles within the school.



Name: Miss Hoogenberg

Job Title: Year 3 Class Teacher

**Duties/Responsibilities:** To facilitate and encourage learning experiences for children and provide them with opportunities to achieve in an exciting, safe and nurturing learning environment. Member of the science and

enquiry team.

When did you join WCPS: July 2021

#### **Clubs & Activities**





## From all the staff here at Wexham Court Primary School...

